The Association for Size Diversity and Health presents:

Health At Every Size®: The Emerging Paradigm



Scheduled presenters include:



Ellen Glovsky, PhD, RD, LDN Author of Wellness, not Weight

Marsha Hudnall, MS, RD, CD President & Co-owner of Green Mountain at Fox Run





Alice Rosen, MsEd, LMHC Founder, *The No-Diet and Self-Led Eating Workshops & The Conscious Café*

Lisa Du Breuil, LICSW Psychotherapist & Chair, ASDAH Public Policy Committee



To register, please visit: http://haesinboston.bpt.me/

Registration fee*: \$25

*Entitles participant to a \$25 discount at ASDAH's 2015 Educational Conference to be held in Boston, MA, July 17-19, 2015.

Sponsored by:







This half-day event will provide an overview of the Health At Every Size® (HAES®) approach, including:

- A weight-neutral approach to health
- The evidence for the HAES model
- How health professionals use HAES principles in their practices
- How to thrive without dieting or body shame
- Information about the updated HAES Principles

The program will also include case studies and group discussion.

Date: September 27, 2014

Time: 9:00 a.m.—12:00 pm

Registration begins at 8:30 a.m.

Continental Breakfast will be served, compliments of

Green Mountain at Fox Run.

Location:

MEDA, Inc.

288 Walnut St. Suite 130, Newton, MA

See http://www.medainc.org/ for directions and parking

information.

To follow this event on Twitter: #HAESinBoston

Questions? Email us at contact@sizediversityandhealth.org